



Find Your Dreams and  
Make Them Reality

### Mark Your Calendar!

## Roots & Wings

\* January 12-16, 2011  
(registration by, Jan. 1)

\* March 9-13, 2011  
(registration by, Feb. 25)

## Flight I

\* January 14-16, 2011  
(registration by, Jan. 1)

\* March 11-13, 2011  
(registration by, Feb. 25)

**Don't wait to register.  
TAKE ACTION!**

\* All events above will  
take place at Stoney  
Creek Inn, Columbia, MO

Contact Amy at  
(573) 808-1371 for  
info or to register.



# Freedom Flier

Volume 1, Issue 8 December 2010

## Freedom Tool Bag : Love, Joy, Peace, ABUNDANCE

If Abundance is defined as “more than enough”, then what is Active Abundance? From my point of view it is “more than enough in motion”! Generally we think of what abundance means for us... what we will have, how we will live, prosperity and security! If we live abundantly we will have no worries, we will always have what we need and most likely what we want! It would be like living a fairytale!

The picture of Abundance as highlighted in Psalms 23 is definitely a picture of prosperity and security. The shepherd provides all things needed by each individual sheep in his flock. He is the protector, the provider, the constant companion. He provides safety through life threatening places, he provides fresh water, and green pasture, he prepares a table in the presence of enemies. He anoints and refreshes. And then the ultimate picture of Active Abundance...”my cup runs over”. This is a definite picture of “more than enough in motion”.

I read recently that an ancient tradition of hospitality was for the host to make sure the guest's cup was always full... that would let the guest know that he continued to be welcomed by his host. But more importantly, when a host was well pleased with a guest and wanted them to stay and become more closely connected they would fill the guest's cup until it overflowed onto the table.

This is a season of Abundance in our culture. We get really busy with shopping for the perfect present and rush here and there to parties with friends, coworkers and family. We definitely live in abundance if you would compare us with any other neighbor in the world. Yet many of us do not have the sense of abundant living. I believe it is because we have been so busy in making sure we have everything that we want that we have failed to become abundance for others. I believe that this season is a perfect opportunity to overflow to others... to everyone we might have an opportunity to share a table with... or an office... or a flight... or a sidewalk or a cup of coffee with. If we cannot Be Active Abundance at this time of year we are missing opportunity for connection, for possibility and yes for prosperity.

Will you open your eyes and your heart? And just keep filling that cup till it runs over? As many times as you can! Be Abundance! ~ **Pat Hardesty**

## Freedom Seminars

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## **My New Contract!**

Amy's piece in the last newsletter moved me to look at my contract. I've been physically away from Freedom Seminars friends for 4 years, but certainly been in "training" and experienced a lot of new things. I've processed a lot of things in my "individual, independent self" and found some silver and gold.

My tears turned to smiles reflected by Jim's happiness with his job.

My nervous stomach turned to a happy one because I started eating Florida fruit and "walking in sunshine".

My shaky hands turned into confident handshakes to a new employer and a great part time job. It's funny I said these words for about 26 years, "I'm going to retire at 54 but work part time."

Determination came to pass.

Ok now for some silver and gold:

Oh my! The silver haired friends here are part of my abundant life. The church in which we found to worship and thank God in has lots of caring "older than me" folks. The gold has been found in our closest friends to eat breakfast with after church, meet on Friday nights for a movie and group meetings; and laugh and joke with on a chaotic pontoon ride.

The quiet times in my life have also processed some precious metals. I write or email my old precious friends and am inspired by their connection. My St. Louis hero Joyce Meyer continues to teach me – just an hour earlier on the cable channel than my Missouri time! My new friend, Clara who had polio as a young

girl is my spiritual partner. My NAMI affiliation has turned my victim status into Advocacy. I hold that torch in my hand as I wake up and lay down everyday. So from 1989, I've lived "I'm a gentle woman who takes God with her everyday" contract, but I've moved into a new contract (especially after Amy's article). I have a deeper understanding and new direction for myself.

*I'm declaring that "I'm a rich and determined woman who takes God's hope to others every day!"*

PAMELA FITZMAURICE  
11/5/10

