



Find Your Dreams and
Make them Reality

Freedom Flier

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Freedom Seminars, Inc.
4091 County Road 210
Fulton, MO 65251
(573)808-1371

Wizard of Oz

Mark the Calendar

Roots & Wings

- * June 16-20, 2010
- * July 28-August 1, 2010
- * September 15-19, 2010
- * November 10-14, 2010

Flight I

- * June 18-20, 2010
- * July 30-Aug. 1, 2010
- * September 17-19, 2010
- * November 12-16, 2010

Flight II

- * July 30-Aug. 1, 2010
- * September 17-19, 2010
- * November 12-16, 2010

All of the above events will take place at the [Stoney Creek Inn](#), Columbia, MO ([map](#))

Freedom Family Gathering

- * December 3-4, 2010
- * Fulton, MO
- * Callaway Electric Co-Op

Contact Amy:
(573) 808-1371



I was channel surfing the other night and there it was, *The Wizard of Oz*. I decided to watch it. I have vivid memories of seeing it the first time when I was a kid. It was on a Sunday afternoon at a theater in Oklahoma City. It scared me. I've seen it several times since then- it was pretty much an annual event with my children. The other night when I watched it, I realized that it is a great metaphor for my personal experience of Freedom Seminars. When I came into the training room, I was like Dorothy - lost, trying to find my way back. The only difference is she knew where "back" was - Kansas. I didn't even know

where I needed to be heading. I just knew I felt lost. I also felt like the Scarecrow - didn't have a brain. I grew up feeling like I was not very smart and continued to feel that way as an adult. Not only did I feel lost and dumb, I felt dead. Like the Tin Man, I didn't have a heart. To top it all off, I was missing the Lion-like courage to make the changes necessary to live my life better and more fully. So I was a mess when I walked into the room...lost, dumb, dead, and scared. One of the first tools that hit me was, "You cannot heal or change what you do not acknowledge." Through the process of the training, though, I began to trust my fellow trainees enough to be open and to look inside. As I acknowledged the state I was in, I began to confront the flying monkeys and evil witches.

I finally realized that the "wizard" was inside of me all along and that I already possessed the intelligence, the courage, and the heart to get back home - a place of peace, love, and personal power. Freedom Seminars truly helped me find my way back. Now, if I stray too far from home - to that place of feeling lost, dumb, dead or scared - I reclaim my contract: *I am a free and loving woman*. In a flash, I go back to the training room and relive the experiences, the emotions, and the loving and supportive friends who were on their journey with me. Ahh, there's no place like home - it's like clicking the ruby slippers together.

~ Marsha Medcalf
I am a Free and Loving Woman.

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4091 County Road 2010
Fulton, MO 65251

Phone: 573-808-1371

E-mail:
freedom@lifesuccessassociates.com

Check us out on Facebook or on
the web at
www.lifesuccessassociates.com



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Freedom Seminars?

One of the biggest challenges we have faced with the Freedom Seminars is being able to explain the experience to others. If you have a group of people, large or small, that may be interested in what Freedom is all about give us a call.

We will set up a time where Russ and / or Pat Hardesty will come and visit with your group. In a three hour "sampler platter" they will have an idea of what the experience is like. You supply the location and the people, we'll supply the experience. Roots & Wings is where the journey begins, and this is a great way to introduce someone to that path.

Contact us for more information!
(573) 808-1371



What are Freedom Seminars?

Hard to describe in words, Freedom is not a traditional seminar with a podium and tables. It is an experience, really it is an experience that will change your life. During Freedom Seminar I learned tools that I have been able to use from that time forward.

Recently I had the privilege of being a TA with some very seasoned veteran TAs. One of the things Russ Hardesty, the main trainer, said to the TAs was to trust the process, because Freedom Seminar is a process by which transformation occurs, the caterpillar becomes the butterfly. This happens visibly to every person who completes the Roots and Wings seminar. Even the strongest, most confident among the group stands taller, speaks with more confidence and

is more determined to make a difference in the world. Some realize for the first time they can make a difference in the world.

What occurred to me on the last day of seminar is that the seminar is not really even about them. As a TA, Russ told us to remember that the seminar is about the trainees. The people who go through the seminar set the tone for what will happen in their lives. While they are there, at the seminar, it is about them. On the last day, the last song reminded me, though, the seminar is not about the 17 who were graduating on that day or the hundreds of others who've gone through the seminar over the years. It's about making the world a better place. It's about giving back to others so that

they have the tools to help change the lives of everyone they meet.

It is a spiritual journey to wholeness. It is about getting rid of the baggage that has held us back. Freedom Seminar is about getting unstuck. But it's also about having the tools to get out of the mire before it engulfs completely. Simply put, Freedom Seminar is about becoming everything you hoped to be and more. It is a spiritual, practical journey that starts the moment you walk through the door of the Roots and Wings seminar and continues for the rest of your life.

~Teresa Parker

**I am a Whole, Healthy, Happy
Woman of God.**